



FamilyCare
HEALTH CENTERS



FCHC's Mental Health Talk

August 5th ♦ 9 a.m.

FCHC Dutchtown - 3824 S. Grand Blvd.

Family Care Health Centers (FCHC) invites you to join us at **FCHC's Mental Health Talk**, on Wednesday, Aug. 5th, at 9 a.m. in our new Dutchtown facility. Join us to hear behavioral health experts share insight on these topics:

- ♦ Understanding Mental Health
- ♦ Sleep Habits & their Impact on Mental Health
- ♦ How to Identify Your Mental Health Needs
- ♦ Mental Health Facts, Myths & Resources

Scan QR code to RSVP for the event!



Event Panelists and Speakers



Celeste Souza, MSW, LCSW

Chief Behavioral Officer



Angeline Stanislaus, MD

Chief Medical Officer



Beau Richmond

*Bureau Chief
Behavioral Health Bureau*



Zaundrea Young, LPC

*Behavioral Health
Program Manager*

